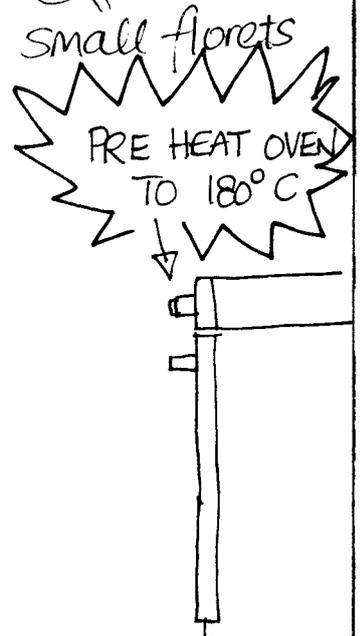
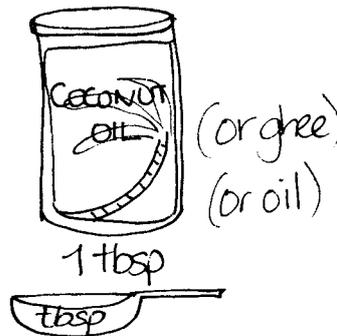
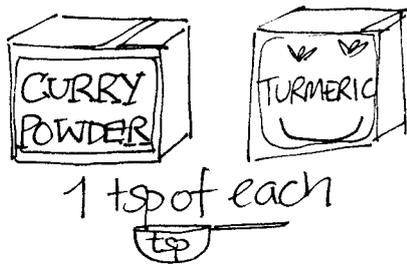
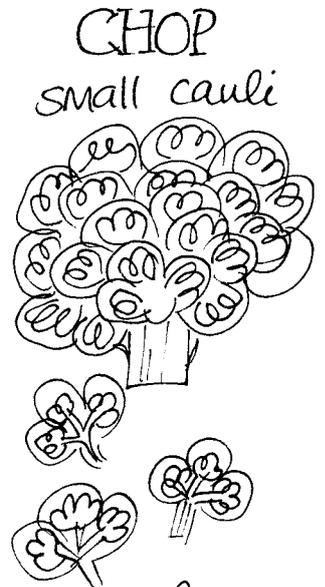
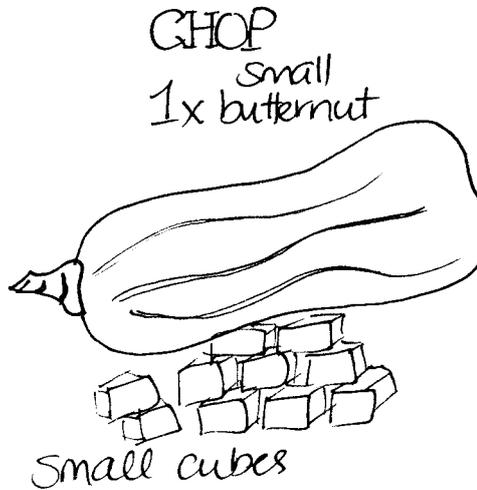
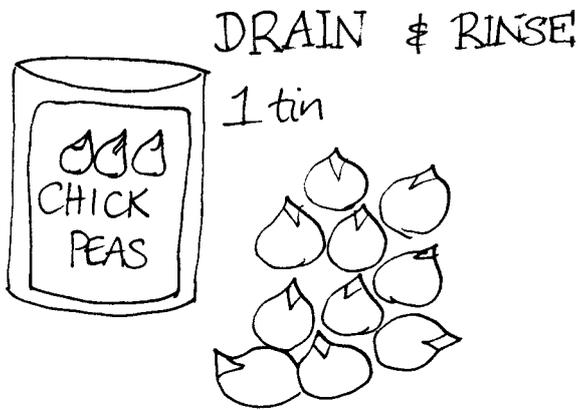


# Yellow Roast Vege & chickpeas

#recipeforRuchita

MAY 2017



Toss VEGE & CHICK IN SAUCE & SPICED OIL MIX &  
SPREAD THEM OUT IN A LARGE SHALLOW ROASTING DISH

ROAST 20 to 25 mins at  $180^{\circ}\text{C}$  until veges are tender & chickpeas golden

you can eat this with ANYTHING. We ate it for lunch with spinach & a small onlette\* chopped into it.

You could add it to cooked quinoa<sup>©</sup>, add some avocado & make tahini dressing\* to go with it ♥

refer to previous #recipeforRuchita

★ jan 2017  
© feb 2017  
\* nov 2016

